

WEEK  
ONE

# LYNDON GREEN MENU

DAILY  
YOGHURTS, CHEESE &  
BISCUITS, FRUIT, SALAD  
& BREAD

## MONDAY

Mac 'n' Cheese  
(v)

Chicken &  
Vegetable Rice  
with Curry  
Sauce

sides - garlic  
bread,  
sweetcorn

Oatmeal Raisin  
Cookies

## TUESDAY

Oven Baked  
Cod Star

Vegan  
Meatball  
Wholewheat  
Pasta (v)

sides - crispy  
smashed  
potatoes,  
garden peas

Chocolate  
Concrete &  
Pink Custard

## WEDNESDAY

NEW!  
Cold Deli Bar

Fresh Tomato  
Soup with Multi  
Grain Roll

Selection of  
Wraps/Rolls  
Served with Mini  
Quiche

sides - signature  
slaw, cucumber  
slices & cherry  
tomatoes

Strawberry Trifle

## THURSDAY

Sausage &  
Mash with  
Onion Gravy

Vegetable  
Curry,  
Seasoned Rice  
& Mini Spring  
Rolls (v)

sides - steamed  
broccoli

Lemon Drizzle  
Cake

## FRIDAY

Margherita  
Pizza (v)

BBQ Chicken  
Pizza

Pepperoni  
Pizza

sides - fries,  
spaghetti  
hoops, chip  
shop curry  
sauce

Ice Cream  
Pots

WEEK  
TWO

# LYNDON GREEN MENU

DAILY  
YOGHURTS, CHEESE &  
BISCUITS, FRUIT, SALAD  
& BREAD

## MONDAY

BBQ Chicken  
with Yellow  
Rice

Broccoli &  
Cream Cheese  
Wholemeal  
Pasta Bake(v)

sides - fluted  
carrots

Fruit Jelly &  
Cream Swirl

## TUESDAY

Oven Baked  
Fish Fillet with  
Lemon

Chickpea &  
Spinach Curry  
with Rice(v)

sides - crispy  
smashed  
potatoes,  
garden peas

Marble Cake &  
Custard

## WEDNESDAY

NEW!  
Cold Deli Bar

Selection of  
Wraps/Rolls  
Served with Mini  
Quiche

Wholewheat Pasta  
Salad

sides - signature  
slaw, cucumber  
slices & cherry  
tomatoes

Strawberry  
Cheesecake

## THURSDAY

Oven Baked  
Fish Cakes  
with Tomato  
Sauce Dip

Beef  
Lasagne

sides -  
steamed  
broccoli,  
potato wedges

Apple Crumble  
Cake

## FRIDAY

Margherita  
Pizza (v)

BBQ Chicken  
Pizza

Pepperoni  
Pizza

sides - fries,  
spaghetti  
hoops, chip  
shop curry  
sauce

Ice Cream  
Roll

WEEK  
THREE

# LYNDON GREEN MENU

DAILY  
YOGHURTS, CHEESE &  
BISCUITS, FRUIT, SALAD  
& BREAD

## MONDAY

Crispy Chicken  
Wraps

Broccoli &  
Tomato  
Wholemeal  
Pasta Bake(v)

sides - house  
wedges &  
signature slaw

Pineapple &  
Coconut Cake  
with Custard

## TUESDAY

Oven Baked  
Fish Fingers  
with Potato  
Tots

Vegetable Rice  
and Curry  
Sauce (v)

sides - garden  
peas

Cornflake Tart  
& Fresh  
Strawberries

## WEDNESDAY

NEW!  
Cold Deli Bar

Selection of  
Wraps/Rolls  
Served with Mini  
Quiche

Wholewheat Pasta  
Salad

sides - signature  
slaw, cucumber  
slices & cherry  
tomatoes

Strawberry  
Mousse

## THURSDAY

Smashed Beef  
Burger  
in a Roll

Fresh Salmon  
& Spinach  
Bake

sides - half  
baked jacket &  
baked beans

Chocolate &  
Beetroot  
Brownie

## FRIDAY

Margherita  
Pizza (v)

BBQ Chicken  
Pizza

Pepperoni  
Pizza

sides - fries,  
spaghetti  
hoops, chip  
shop curry  
sauce

Peaches &  
Cream